

## LOCKER ROOM PHASE 2 GROUP FITNESS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8am</b>			Yoga Jenn			
<b>9am</b>	TBC Jenn	Combat Kylee	BodyPump Daryl	Mat Pilates Shari	Barre Jenn	
<b>10am</b>			Zumba Melissa	TBC Shari	Grit Kylee	10:30 Zumba Melissa
<b>5pm</b>	Combat Melissa	Grit Christy				
<b>6pm</b>	BodyPump Melissa		Combat Daryl	BodyPump Christy		

- Max class size is 7 inside
- Please Pre-Pay for class at the front desk

Members, please bring your own mats for every class

- Classes may be held outside, weather permitting